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VOLUNTEERING OPPORTUNITIES

A Project of Stokesley & District Community Care Association
Charity No. 519662

Activity and outdoors

Hambleton strollers

Organisational purpose

To improve the fitness and health of local people, especially those who do little exercise and are at risk of poor health, by promoting walking for good health.

Volunteering roles

1. "Walk leaders and planners" Leaders and back-up leaders are needed for short (under 1 hour) health walks. Aimed at less active people. Opportunities to help plan or map the walk routes as well.

North Yorkshire sport

Organisational purposes

We provide sporting opportunities for young people throughout North Yorkshire via delivery of Sport England's 'Active Sports' programme. We organise sporting activity in 10 sports throughout the county and aim to enthuse young people to sustain their interest in sport by providing a fun, quality experience.

Volunteering roles

1. "Sports volunteering, coaching, officiating, administrating, event staff" Various potential roles within sports volunteering. Including

- * Coaching - linked to various sports clubs.
- * Officiating - as above.
- * Club administration - as above.
- * Staffing of events i.e.: Hockey Festivals, North Yorks. Youth Games.

Stokesley pride in our town association

Organisational purpose

To make Stokesley a more agreeable place in which to live.

Volunteering roles

1. "Outdoor work anywhere around Stokesley" Cleaning,

Unicorn centre

Organisational purpose

Our aim is to provide riding for people with disabilities in an inclusive, safe and supportive environment that will allow each individual to achieve their full potential.

Volunteering roles

1. "Riding for the disabled" To assist disabled riders in their lessons by leading or side walking, and to help with general stable yard work. Volunteers who are willing to fundraise would also be appreciated.

North Yorkshire Moors

Volunteering roles

1. " Various"- Hedge Planting, Trod Clearance, Dry stone Walling, Bracken Control, bird box building, tree planting, ditch clearance, preserving archaeological sites, improving access, office administration.

Administration and secretarial

Leukaemia CARE

Organisational purpose

Leukaemia CARE is a national charity committed to providing care and support to everybody who's life has been affected by blood cancers - simply supporting a quality of life for all.

Volunteering roles

1. "Awareness volunteer" To raise awareness of Leukaemia CARE in local area by delivering our publications, posters etc to GP Surgeries, Libraries, Sports Centre's etc.
2. "Volunteer team leader" To monitor and support all volunteer activities.
To provide reports on a monthly basis to the Volunteers Coordinator on progress and developments relating to all of these activities.
To understand current Leukaemia CARE initiatives and to provide proactive support, leading Leukaemia CARE involvement on the ground, namely:
Support Groups: establish a working relationship with local health care staff at selected hospitals. Work closely with the Volunteers Coordinator (VC) and CARE liaison (CL) at Head Office to ensure we can offer a regular presence 'on the ground'.
Patient Information Folders; to familiarise yourself with this and to assist in its' distribution, implementation and maintenance at any hospital within your area. To agree targets with VC/CL.
To establish strong links between your regional volunteers.
To get involved in the proactive recruitment of new volunteers.
To develop, with the VC a programme of visits to regional centres of interest.
To ensure your regional volunteers know that all fundraising events should be planned and authorised by Fund Raising Manager at Head Office.

To maintain high standards and a consistency of CARE delivery within the region, bringing any problems to the attention of the VC.

Macmillan Cancer Support

Organisational purpose

We provide practical, medical and financial support and push for better cancer care.

Cancer affects us all. We can all help. We are Macmillan.

Volunteering roles

1. "Office Administrator" The Darlington fundraising team are looking for a volunteer to help with essential office administration (office hours, ideally 1 day per week)

Advice, support and counselling

BRAKE

Organisational purpose

To provide consent-led emotional support service in the early days, weeks and months following bereavement, to help people bereaved in road crashes to cope and recover from trauma symptoms.

Once recovery has occurred, to signpost clients on to relevant agencies who can assist with ongoing needs relating to grief and practical concerns.

In cases where a client's trauma symptoms continue beyond two months, BrakeCarers aim to recognise this and advise and help the client, with their consent, to seek professional assessment of their needs.

Volunteering roles

1. "Brake carers" are volunteers from the community who offer face to face and telephone support to families/individuals who are newly bereaved as a result of a death on the road.

Citizens advice bureau

Organisational purpose

To provide independent, professional Advice.

Volunteering roles

1. "Advisor" To provide independent and professional advice.

Great Ayton tourist information

Organisational purpose

To operate a Tourist Information Centre for visitors and local population. Seasonal.

Volunteering roles

1. "Tourist information volunteer staff" A small but well stocked tourist centre dispensing information on local attractions.

A focal point for New Zealand and Australian visitors because of the Captain James Cook connection with Great Ayton.

The Cook cottage was transported to Australia to Fitzroy Gardens in 1934.

Ssaafa Forces help

Organisational purpose

The national charity helping serving and ex-service men, women and their families, in need.

Volunteering roles

1. "Caseworker-A friend to a friend" To act as a friend to those who have served or are serving in the Armed Forces and their families.

To assess any problem they have and help them to solve them.

14 million people in the UK are eligible for our help.

Victim support north Yorkshire

Organisational purpose

Victim Support is the national charity, which helps victims of crime.

Trained volunteers provide free, confidential support information following crimes ranging from burglary and assault to rape and murder.

Victim Support aims to offer a comprehensive service to all sections of the community and is committed to ensuring that minority and disadvantaged groups are welcomed and involved throughout the organisation. We aim for the highest professional standards in our work and we attach great importance to the training our volunteers receive.

Volunteering roles

1. "Community volunteer victims support" Most people volunteer for victim support because they want to help people. Volunteers are

rewarded by seeing the difference victim support makes to people whose lives have been shattered by crime.

PEOPLE OFTEN NEED

Someone to talk to, information on police and court procedures, emotional support, help with crime prevention, contact with local organisations. As a volunteer you will receive training and supervision, meet new people and have the satisfaction of learning to deal with issues you may not have experienced before.

SCARD-Support and care after road death and injury

Organisational purpose

To Support people who have been bereaved or injured in road collisions.

Volunteering roles

1. "Help staff line" Volunteers to staff Helpline, giving telephone support to people bereaved or injured in road collisions.

UNITE

Organisational purpose

UNITE contributes the overall vision of enhanced quality of place by helping people to live in peace with their neighbours.

Volunteering roles

1. "Volunteer community mediator" An opportunity to train to become a mediator, leading towards a nationally recognised qualification. (Open College Network Level 3)

If you are interested in helping people, improving your community and learning new and valuable skills, we want to hear from you.

Samaritan

Organisational purpose

To give support and non-judgemental help for callers who are in crisis or suicidal.

Volunteering roles

1. "Listening or support volunteer" A volunteer will be given full training to equip them with the skills needed to listen effectively to vulnerable, depressed, lonely or sometimes suicidal callers. It is a very fulfilling opportunity to be available day or night for someone who has got no one to talk to in confidence.

We are non judgmental and listen with empathy. We are non religious and non political.

2. "Administration" Assisting Branch Secretary. Running an office, some I.T. skills.

3. "Fundraising" Helping with fundraising to maintain the building and activities of a Samaritans branch.

Street Collections, supermarket collections, mail shots, contributing ideas.

helping with funding applications.

4. "Publicity" To publicise the services offered by Samaritans and to help recruit volunteers.

5. "Support" Volunteers are required for many different opportunities:

Organising awareness / fundraising events - in your local area.

Prison training - training prisoners to become listeners.

Funding - we are looking for people to help find appropriate funding/fill in applications.

Macmillan Cancer Support

Organisational purpose

We provide practical, medical and financial support and push for better cancer care.

Cancer affects us all. We can all help. We are Macmillan.

Volunteering roles

1. "Collections Co-ordinator" We need enthusiastic and well organised person to recruit and co-ordinate volunteers for supermarket collections.

2. "Collection Tin Collector" We are looking for volunteers to pick up collection tins from companies, shops etc.,

3. "Event Organiser" Hold your own coffee morning, ball, art exhibition, car boot sale or whatever takes your fancy! Use your interests, hobbies and work events and turn them into fund raisers and or join one of many Macmillan organised events. Get your friends, family, employers, school and local community involved too! Support, including merchandise, is available from Darlington Fundraising Office.

4. "Events Assistant" We are looking for people to help out at local events such as walks, runs, abseil and promote Macmillan's national events.

5. "Fundraising Group Member" Committees and groups raise a staggering £7million annually in the UK for people affected by Cancer. Would you like to be part of a new group, we are looking to set up groups in Hartlepool, Middlesbrough, Redcar, Saltburn, Guisborough, Barnard Castle and Co. Durham.

6. "Macmillan Speaker" As a speaker you would attend schools, community organisations, groups communicating our key message,

whether it is a cheque presentation or a talk to supporters of Macmillan.

7. "Volunteer Co-ordinator" To support the work of the fundraising team by recruiting volunteers working in the community and coordinating their activities on Macmillan's behalf (office hours, ideally 1 day per week)

8. "Office Administrator" The Darlington fundraising team are looking for a volunteer to help with essential office administration (office hours, ideally 1 day per week)

Hambleton & Richmondshire Advocacy

Organisational purpose

Hambleton & Richmondshire Advocacy offers a free, independent and confidential advocacy service. An advocate is a person who gives their time and commitment to another person who needs help and support. An advocate will stand alongside a person when they face major changes or difficult choices or need help dealing with issues. so, if someone rings up to say that they need help we do our best to find an advocate who can arrange to meet with them.

Volunteering roles

1. "Help someone speak up & be heard." Volunteer advocates work is to enable people to express their choices/decisions and views. Volunteers work in partnership with their client at meetings, writing letters & acting with their client on their behalf eg., Complaining or gaining access to a service or benefit. Support can be for a short period or for longer, depending on the needs of the client. We provide training & ongoing support.

Animals

The Unicorn centre

Organisational purpose

Our aim is to provide riding for people with disabilities in an inclusive, safe and supportive environment that will allow each individual to achieve their full potential.

Volunteering roles

1. "Riding for the disabled" To assist disabled riders in their lessons by leading or side walking, and to help with general stable yard work. Volunteers who are willing to fundraise would also be appreciated.

R.S.P.C.A.

Organisational purpose

The R.S.P.C.A. is the world's leading animal welfare organisation and volunteers are its backbone.

Volunteering roles

1. "Helping at the centre" There are various roles to take part in; Dog walking, fundraising or caring for small animals.

Guide Dogs for the Blind

Organisational purpose

Guide Dogs want a world in which all blind and partially-sighted people enjoy the same rights, opportunities and responsibilities as everyone else.

Our mission is to provide guide dogs and other mobility services that increase the independence and dignity of blind and partially-sighted people. We campaign for improved rehabilitation services and unhindered access for all blind and partially-sighted people.

Volunteering roles

1. "Collection Box Co-ordinator" To support the local Community Fundraising Team by developing relationships with local retailers, businesses, etc., by placing, monitoring and emptying boxes in accordance with Guide Dogs' Procedures

The Cinnamon Trust

Organisational purpose

We are a national charity for elderly and terminally ill people & their pets.

We aim to give owners peace of mind and practical help for people.

Volunteering roles

1. "Volunteer Dog Walker" Dog Walking - picking up the dog from the owner, taking him/her for a walk and then returning the dog back to his/her owner.

2. "Volunteer Fosterer" Fostering of a pet in the volunteers own home - times and length of stay by prior agreement.

Children and young people

CSV/RSVP

Organisational purpose

To promote intergenerational understanding throughout Yorkshire.

Volunteering roles

1. "Reading for children" Can you help a child with reading difficulties to enjoy reading. It is rewarding and enjoyable. Also do you have any skills to pass on to children in an after school environment eg. cookery, sewing, knitting, games etc.

Thirsk carers support

Organisational purpose

To give carers a break, knowing that their loved ones will be well cared for.

Volunteering roles

1. " Volunteer Sitter for Families of Children with Special Needs." Parent carers may find it difficult to find a babysitter who they can trust to provide the care the child requires. Thirsk Carers volunteers will spend a few hours with the child to allow the parent(s) to have some time out. Volunteers will do most things the parents do, but chiefly make sure the child is safe.

Conservation

Stokesley River Leven group

Organisational purpose

The Stokesley River Leven Group monitors, maintains and improves the River Leven Environment through Stokesley.

Volunteering roles

1. "The river Leven group supporter" The Stokesley River Leven Group are looking for new members to boost its' numbers. If you are interested in conservation, read on.

The Group monitors, maintains and improves the River Leven Environment through Stokesley.

Education

North Yorkshire business and education partnership Ltd (NYBEP LTD)

Organisational purpose

NYBEP is the lead body for education business links in the City of York and North Yorkshire. We support mutually beneficial links between education and business by managing high quality programmes for students in readiness for their working life.

Volunteering roles

1."Mentoring" Mentoring is the development of a one to one relationship between an adult and a school student.

Yatton house society

Organisational purpose

A place for people with learning disabilities.

Volunteering roles

1."Learning disabilities volunteer" A very special person who can share their life skills with people who have a learning disability, who need to become socially integrated, support to undertake work opportunities, cookery to live independently and to become confident through a series of activities.

The National trust

Organisational purpose

Looking after special places forever, for everyone.

Volunteering roles

1."Learning volunteers" A volunteer with a passion to inform, inspire and delight the millions of people who visit our properties every year.

JET - Joint Educational Trust

Organisational Purpose

Created in 1971 our Aims and Purpose are: " To provide grants for the education of children who have suffered trauma, tragedy or neglect and to support those children through either boarding or day school provision and provide assistance with the costs of such education.

Volunteering roles

1. " JET / BPVC Ambassador" work with Local Authority and schools to engage with Boarding Placements for Vulnerable Children programme.
2. "JET schools Liaison Rep" Develop and manage a group of schools and engage their support to and for JET.
3. "JET Home Visit REP" To visit homes of potential JET children and conduct interviews with parents/guardians. To compile reports and attend Screening Meetings.
4. "JET County Liaison Rep" Develop, coordinate and support a group of JET Area Representatives. Arrange training for Area Reps.
5. "JET Publicist" Organise and evaluate publicity, fundraising and awareness activities.

Fundraising

Great north air ambulance

Organisational purpose

The aim of the charity is to maintain and improve the Air Ambulance service here in the region. This essential service is the only effective way to transport seriously ill or injured patients to a place of definitive care, thereby saving life and unnecessary suffering.

Volunteering roles

1. "Public awareness speaker and fundraiser" To give presentations to local groups and schools to raise public awareness and generate funding opportunities for the charity. The charity has a school-based project called 'Precious Minutes' which it has launched with the help of the local education authorities. We will require our volunteers to speak to schools on behalf of the charity with the aid of presentation packs. The charity is also keen to talk to local community groups (WI's, U3A's, Church groups, etc.) to generate further fundraising opportunities.

Full training will be given to all candidates and presentation materials will be made available. Daytime and evening work is required.

2. "Ground crew fundraising support group member" We are looking to form support groups throughout the area, with Ground Crew Support Group members working together to arrange small events throughout the course of the fundraising year. One initial meeting with group fundraising members can determine the programme of events, and the fundraising team will assist with ticket / poster printing and press coverage for any event arranged.

3. "Event stand and collection representative" In order to gain public awareness and funding opportunities the charity is keen to gain access to local and regional events (Agricultural shows, supermarkets, fetes, etc). We are looking for volunteers to access these opportunities on behalf of the charity and man stands, distributing literature and

information about the charity as well as selling charity merchandise, collecting donations, recruiting further volunteers and gaining public awareness and further fundraising opportunities.

Leukaemia CARE

Organisational purpose

Leukaemia CARE is a national charity committed to providing care and support to everybody who's life has been affected by blood cancers - simply supporting a quality of life for all.

Volunteering roles

1. "Fundraiser volunteer" Are you someone who always goes that extra mile? Whatever level of responsibility you are looking for, whether it's to fundraise locally, organise events, take on adrenalin-filled challenges or co-ordinate regional fundraising you can get involved with Leukaemia CARE in activities to suit you. It could be baking cakes, organising big events or project managing. We call them Local Fundraisers, Event Fundraisers, Fundraising CO-Ordinators and Challenge Fundraisers, but the jobs aren't set in stone; the opportunity is for you to take your role and turn it into something special. You might enjoy meeting people, organising events, thrill and spills, finding the best in people, listening, or making things. Whatever your talent is Leukaemia CARE can find a place for you.

2. "Charitable Collector" To carry out voluntary charitable collections at various locations throughout the year. To ensure effective communication with fellow voluntary collectors and head office staff.

Teesside Hospice care foundation

Organisational purposes

Teesside Hospice Care Foundation was established to enhance the quality of life of those suffering from a life-limiting illness. It offers specialist palliative care and support to patients and their carers in the

belief that each person is entitled to dignity and choice within the best provision of care.

Volunteering roles

1. "Fundraising support-various venues" Very varied role from helping on the Tree of Life at Christmas to joining a bucket collection at the riverside. Running a tombola or selling cakes. Every event is different.... But fun.

Fundraising could be at Guisborough Hall, the Mall Middlesbrough, Sainsburys, who knows where this role will take you.?

Yorkshire air ambulance

Organisational purposes

To provide with integrity, transparency and pride, state of the art emergency response air ambulances for the protection of human life across Yorkshire.

Volunteering roles

1. "Cheque presentation speakers" The charity receives donations from various groups, businesses & organisation who often like a representative to attend their fundraising event or visit their premises for a personal thank you. This often involves a photo opportunity & a brief thank you speech.
2. "Collection box and information point stewards" To manage collection boxes & information points that are located in shops, pubs & public buildings. Volunteers are required to empty & bank monies & to refill & update our information points.
3. "Public speakers" To help raise awareness of the charity & to give an insight into what it takes to keep this vital service flying, to various groups, clubs & organisations. The talks can vary from 5 minutes to an hour long. We train our public

speakers to be equipped with the right information & to be adaptable to suit the audience.

4. "Employee Charity Champion" To help raise money and charity awareness in your place of work, to organise fundraising events and collections with colleagues eg. start a lottery syndicate, textile, bra & phone recycling days, encourage payroll giving and Christmas card donations.
5. "Event Community Fundraisers" To help raise money and charity awareness in your local communities by attending and hosting events e.g. local fetes to coffee mornings for family and friends.

The National Autistic Society

Organisational purposes

The National Autistic Society is the UK's leading charity for people affected by autism. We were founded in 1962 by a group of parents who were passionate about ensuring a better future for their children. Today we have over 17,000 members, 70 branches and provide a wide range of advice, information, support and specialist services to 100,000 each year. a local charity with a national presence, we campaign and lobby for lasting positive change for people affected by autism.

Volunteering roles

1," Speaker for Autism Charity" As a volunteer speaker for the NAS you will be a voice for people with autism by raising awareness of this misunderstood condition and the need for support in your local community.

Royal National Institute of Blind People (RNIB)

Organisational purposes - Our Vision is of a world in which blind and partially sighted people enjoy the same rights, freedom, responsibilities and quality of life as people who are fully sighted.

Our mission is to challenge blindness by empowering people who are blind or partially sighted, removing the barriers they face and helping to prevent blindness.

Volunteering roles - (Fundraising)

- 1 "Events Supporter"
- 2 "Public Speaking"
- 3 "Volunteer Co-Ordinator"
- 4 "Street and Store Collector"
- 5 " 'Sooty' Charity Box Home Finder"
- 6 " 'Sooty' Charity Box Collector".
- 7 "Member Forum Event Assistant".

Health and social care

Age concern

Organisational purpose

Age concern provides a wide range of services to help older people. For example:

- Services and support
- Public education and social advocacy
- Innovation and research
- Partnership and co-operation
- Information and advice
- Organisational management
- Financial management
- Human resource management
- Income generation, fundraising and trading

Volunteer roles

1. "Help us to help others"

We need people who can:-

Do basic office work

Escort duties for outings

Give information / advice

Train to be a walk leader

Drive a minibus

Befriend people on the telephone - can be done from your own home

Over 50's Forum

2. "Telephone Befriending/Support service"

To provide a free charge supportive but non-emergency telephone befriending service.

Provide a friendly confidential link for older people who may be socially or geographically isolated with an aim of building self-confidence and independence.

Brake

Organisational purpose

Brake is a national Road safety charity, with two aims:

- To prevent death and injury on the roads through education of all road users and campaigning for government improvements to road safety.
- To care for people who are bereaved or affected by serious injury in a road crash through support services, including a helpline and literature distributed through police.

Volunteer roles

1. "Brake Carers" are volunteers from the community who offer face to face and telephone support to families/individuals who are newly bereaved as a result of a death on the road.

Alzheimer's society

Organisational purpose

We provide a day-time service for Alzheimer's sufferers and also give respite to carers for 5 - 6 hours on a Monday and Wednesday. We try to alleviate the confusion, frustration and fear aspects by treating our clients as normal, healthy and more importantly, respectable people.

Volunteer roles

1. "Day care volunteer" The Alzheimer's Society at Stokesley provides care for clients and respite for carers. The clients socialise with each other and the Society's main goal is to treat these clients with the respect and care they deserve.
2. "Befriending Scheme" The Befriending Service seeks to help people with dementia to maintain a social life and to follow a hobby or interest for as long as they wish or are able to do so.

Herriot hospice homecare

Organisational purposes

To provide a high standard of care to patients with a life-limiting illness, who wish to remain at home, supported by their families, specialist staff and volunteers.

Volunteer roles

1. "Volunteer Befriender" A Volunteer can provide companionship and support during difficult times. they may visit in the home, take the patient shopping, for a drive or just be there.
2. "Volunteer Sitter" To stay with patients in their own homes in order to enable their carer to have a break for two or three hours, and maybe lend a hand with small practical household tasks.
3. "Volunteer Drivers" Help with transport is offered when friends and family are not available and an ambulance service would be too uncomfortable or inappropriate for patients with a life limiting illness.
4. "Volunteer Fundraising" Volunteer Fundraisers needed for various events in Hambleton & Richmondshire.
5. "Volunteer Therapists" Trained therapists in aromatherapy, acupuncture, reflexology and beauty treatments. May help to alleviate some symptoms, anxiety and sleeplessness in patients with a life limiting illness.

Hutton Rudby Wednesday Social Club

Organisational purposes

To offer the elderly/lonely, warm and friendly, cheerful and social company.

Volunteer roles

1. "Social Group Helper" Volunteers needed to be part of a team of three to ensure that the elderly/lonely members have an enjoyable day.

Leukaemia CARE

Organisational purposes

Leukaemia CARE is a national charity committed to providing care and support to everybody who's life has been affected by blood cancers - simply supporting a quality of life for all.

Volunteer roles

1. "Care volunteer" CARE Volunteers provide emotional support to those affected by Leukaemia, Lymphoma and the allied blood disorders, particularly to those who have contacted our 24hr Care Line. You will be a listening ear, someone they can open up to in times of need who will help empower them to get through difficult times. Sometimes that support will be provided by telephone; sometimes it may be on a face to face basis in the caller's home or at the hospital. CARE Volunteers also work to raise awareness of Leukaemia CARE and provide information to patients, carers and medical professionals with regard to the services offered by the charity. CARE volunteers are expected to arrange 2 small fundraising events each year, coffee morning, pub quiz etc. Our Fundraising dept will support/assist if required.

Motor Neurone Disease Association

Organisational purposes

The MND Association wants to see a world without Motor Neurone Disease (MND). We fund and promote research to help bring about an end to this incurable and fatal disease. Until then, we are dedicated to supporting the families and carers of people with MND.

Volunteer roles

1. "Association Visitor" Association Visitors offer caring, informed support to people with Motor Neurone Disease (MND) and their families. They work as part of a local team visiting people with MND and their carers at home or keeping in touch by telephone. They provide an invaluable link for people living with MND, keeping them in

touch with the MND Association and signposting them to other sources of help.

Multiple Sclerosis Society

Organisational purposes

To Support people and carers with Multiple Sclerosis through outings and social meetings and to provide welfare at home.

Volunteer roles

1. "M.S. Society general volunteer" We provide entertainment at our meetings and need people to chat to members and give them a cup of tea.

Outings need someone to push a wheelchair if someone comes without a carer, help anchor down chairs or drive the minibus once qualified.

The Community Care Association

Organisational purposes

The Community Care Association aims to reach out into the local community, identify caring needs and assist in the establishment of support for the individual or group.

Volunteer roles

1. "Befriender" This service is to visit the housebound and lonely. A volunteer will go on a weekly basis for a maximum of 3 hours and either just sit and chat or sometimes do some light shopping or collect a prescription.

2. "Respite sitter" This service enables a persons regular carer to have up to 3 hours a week break from caring. Three hours may not seem very much but to a carer it is invaluable. it allows the carer to go out on their own knowing the person they care for is well looked after. The volunteer is not expected to give any nursing care but only to ensure that the client is comfortable and sit and talk to them or occasionally

make them a cup of tea or a light snack. Each sit is different as our clients suffer from a range of both physical and mental disabilities and need a high level of patience and understanding. However, each sitter will be given details of every new client allocated to them.

The Leven club

Organisational purposes

The Leven Club is connected with The Link, mental Health group in Northallerton.

Volunteer roles

1. "Leven club social supporter" Each Thursday afternoon a group meets up in Town Close, above the Library in Stokesley. It is a social gathering, a time for a chat, cup of tea/coffee etc.

Thirsk carers' support

Organisational purpose

To give carers a break, knowing that their loved ones will be well cared for.

Volunteering roles

1. "Volunteer sitter for families with children with special needs" Parent carers may find it difficult to find a babysitter who they can trust to provide the care the child requires. Thirsk Carers volunteers will spend a few hours with the child to allow the parent(s) to have some time out. Volunteers will do most things the parents do, but chiefly make sure the child is safe.

The Prostate cancer charity

Organisational purpose

To appoint people who have been personally affected by prostate cancer for our new volunteer programme.

Volunteering roles

1. "Awareness volunteers" Volunteers will raise awareness of prostate cancer and the role of The Prostate Cancer Charity among the general public.

Volunteers will be home-based and work within a reasonable and agreed catchment area.

Volunteers will be proactive in generating opportunities to raise awareness in their area.

The Volunteer Development Manager will manage and support the volunteers.

2. "Support volunteers" Volunteers will offer one-to-one telephone support, a listening ear and share their experience of prostate cancer where appropriate to people affected by prostate cancer.

Volunteers will be home-based and must have use of a landline. The volunteer Development Manager will manage and support volunteers.

British Red Cross

Organisational purpose

The British Red Cross always welcomes people who would like to volunteer in their community. In the community based First Aid Service we provide training and support to people who want to help deliver our community based first aid sessions - no prior experience or teaching or first aid is necessary.

Volunteering roles

1. "Community based first aid trainer/presenter" The British Red Cross always welcomes people who would like to volunteer in their community. In Yorkshire, Community based First Aid (CFBA) offers certified courses of half or full day duration. We also offer more flexible specialised learning, whereby topics covered are tailored to the client's needs. The Community based First Aid (CBFA) service prioritises ability and confidence over formal accreditation, and we emphasise the importance of humanitarian perspectives alongside practical skills. Our

sessions are delivered by experienced and dedicated volunteers - would you like to join our team of volunteer trainers and presenters? This is an opportunity to gain experience and teach people to save lives.

Volunteers are deployed to training events which are convenient to their location of residence.

Breathing Space

Organisational Purpose

To provide a breathing space for people with learning difficulties and their carers.

Volunteering roles

1. "Volunteering with Breathing Space." Helping with organised trips out.

2. "Trustee" Trustee of a registered charity. Trustees bring their skills to a charity and help the overall running of the charity.

Great Ayton Day Centre

Organisational Purpose

Day Centre for the Elderly.

Volunteering Roles

1. "Day Centre Helper" Socialising with clients and general helping out.

Parkinson's disease society

Organisational purpose

The primary object for which the society is established is the relief of persons suffering from the condition known as "Parkinson's disease" and allied diseases and the promotion of research in to the causes, prevention and cure of Parkinson's disease and the dissemination of the results of the research for the benefit of the public.

Volunteering roles

1. "Volunteer educator" Volunteer educators deliver one-our presentations to groups of care staff working in nursing and care homes to raise their understanding of the needs of people with Parkinson's.

Teesside hospice care foundation

Organisational purpose

Teesside Hospice Care Foundation was established to enhance the quality of life of those suffering from a life-limiting illness. It offers specialist palliative care and support to patients and their carers in the belief that each person is entitled to dignity and choice within the best provision of care.

Volunteer roles

1. "Aromatherapy / Reflexology" To provide Aromatherapy and or Reflexology to patients and day care guests in the Hospice.

2. "General DIY/ Handyperson" A handyperson who could do DIY eg. shelving, changing bulbs etc. in all 10 shops as and when required.

3. "Warehouse Assistant" A busy role for someone who likes to organise stock control. As we start to prepare for christmas the warehouse will become very busy, meeting the needs of our shops and fundraising team.

Teesside & District Society for the Blind

Organisational purpose

Promoting independence for people with a visual impairment living within the Middlesbrough, Stockton & Redcar & Cleveland Council boundaries.

1. "Charity Shop Sorter" Volunteers are required to assist in the sorting & pricing of goods donated to our Charity Shop. As well as

keeping the shop tidy and rotating stock on a regular basis, Helping to serve customers who are blind/partially sighted.

2. "Computer Tutor" Computer Tutors for one to one tuition for 1 hour per week passing on computer skills to blind/partially sighted students. Tutor/Students assigned according to tutor's level of competence.

3. "Home Visitor" Volunteers are required to visit blind/partially sighted clients in their own homes. This could involve having a cup of tea and a chat, possibly reading mail, writing replies or accompanying a client to an appointment.

4. "Minibus/Car Driver" Volunteers are needed to drive, either their own car or our minibus, to pick blind/partially sighted clients up from their home & transport them to our social centre in Middlesbrough on a morning & then return them in the afternoon.

5. "Shopping Escort" Volunteers are required to assist a blind/partially sighted person with their food shopping & to put the shopping away.

6. "Telephone Befriender" Volunteers are required to telephone clients from their own home, to help relieve loneliness and isolation.

Heritage

Captain Cook schoolroom museum

Organisational purpose

To promote knowledge and understanding of the education and achievements of one of the greatest navigators, explorers and chart makers that this country has produced.

Volunteering roles

1. "Volunteer museum assistant" Greeting visitors, many of them from overseas - mainly Australians and Canadians. Answering queries and serving in the small museum shop.

The National trust

Organisational purpose

Looking after special places forever, for everyone.

Volunteering roles

1. "Ormesby hall"

Room Guides - Sat & Sun afternoons

Learning Volunteers Tues - Thurs

Help in the Tearoom Sat & Sun afternoons

2. "Room guides"

To provide a friendly, welcoming but watchful presence.

To deal with questions informatively and courteously.

To supervise visitor safety in any emergency.

To secure and protect the house contents in your assigned room.

3. "Help in the tearoom" To assist the catering manager with the delivery of a quality service (taking orders, clearing tables, dish washing, ice-cream sales). Provide a welcoming presence to customers.

To gain some knowledge of the history of Ormesby Hall, and other local attractions, for use in customer care.

Local community volunteering opportunities

The Community Care Association

Organisational purpose

The Community Care Association aims to reach out into the local community, identify caring needs and assist in the establishment of support for the individual or group.

Volunteering roles

1. "Minibus drivers" The Community Care Association runs a rural minibus service, collecting people from their own homes, bringing them into town to go shopping or attend the Luncheon Club. The minibuses also take people out on day trips.

2. "Passenger assistant" Assisting passengers on the minibus. Rural transport scheme run by The Community Care Association.

3. "Lunch club helper" This service is provided by The Community Care Association in Stokesley.

Lunch Club is on a Thursday at 12 noon, in the Town Hall. A lunch and a desert are provided with tea/coffee to finish.

This is also an opportunity to meet and chat with others.

4. "Lunch Club Cook" To cook a desert for the Lunch Club Clients & work with other volunteers on a rota basis.

5. "Coffee pop-in helper" Friday afternoon refreshments are served in Stokesley Town Hall from 12 noon to 3.30pm. Tea/coffee/orange juice and toasted teacakes or biscuits are available. Volunteers to help prepare and serve are needed.

6. "Car-drivers" This service is to convey passengers to their destinations and to assist them in and out of the car.

Volunteers will need to check with their insurance company prior to starting that they are covered for this.

Many clients are elderly and frail and may need a high degree of assistance.

The volunteer decides the number of hours and the days they are available to drive.

7. "Befriending & Sitting Scheme" Spend an hour or two each week or fortnight befriending a lonely, isolated, disabled or elderly person.

Great Ayton & Stokesley Task Team

Organisational purpose

To engage with local young people.

Volunteering roles

1. "Stokesley Drop in" Help at the Stokesley Drop in for young people aged between 13 - 19. Thursday evenings at the Fire Station in Stokesley.

2. "Boxercise Session" The Stokesley and Great Ayton Youth Task Team are setting up a new venture for under 16's in the Stokesley Leisure Centre on Saturday mornings. From 10am to 12noon a Boxercise class will be run. Volunteers are required to book teenagers in at the beginning of the class and ensure that they leave the premises at the end of the class.

North Yorkshire Libraries

Organisational purpose

Providing services for the Community.

Volunteering roles

1. "Library Book Deliveries" To provide a Delivery Service of library books to the housebound.

Residential

Full time volunteering with CSV

Organisational purpose

CSV creates opportunities for people to take an active part in the life of their community.

Volunteering roles

1. "Full time volunteering with CSV" Are you aged between 16 -25? Can you motivate people your age to get involved in exciting and life changing events? Here's your chance to make things happen. CSV has teamed up with Tesco and 'V' to find incredible young people to volunteer full-time, for up to a year, to lead one of 21 different projects in England.

2. CSV Volunteering Partners has opportunities available now where full time volunteers can gain experience, learn new skills, make new friends and help to make a difference to lives of people who need their help. Various Opportunities; Community Catalysts, Supporting students in universities, Respite Care, Supporting adults with physical disabilities, older people, Residential and Day Centres.

Youth action for Peace UK

Organisational purpose

Youth Action for Peace is an international movement which seeks to favour the fundamental causes for lasting peace through the twin tools of development education and international voluntary service. We work towards human justice and peace through support of cultural, socio-economic and political freedom. This is achieved through seminars and international voluntary service in which we work, through a network of partner organisations, with locally managed development projects. These projects host the volunteers directly and control the projects.

They provide the local link in a global movement to promote networks of human solidarity and the protection of the natural environment.

Volunteering roles

1. "Volunteering abroad" Youth Action for Peace sends volunteers abroad on work camps. Work camps typically bring together a temporary community of 10 - 20 international volunteers from different backgrounds to provide services to local community projects. The volunteer carry out unskilled tasks that would not otherwise be possible without paid labour. Each work camp is managed by the local community organisation.

Over The Wall

Organisational Purpose

Our unique residential or 'therapeutic' camp experience provides children affected by serious illnesses with the chance to enjoy a week of fun, friendship and fulfilment in a medically supervised and safe environment. The children are given the opportunity to met and overcome new challenges through a structured programme of social, creative and physical activities.

Volunteering roles

1. "Medical Volunteers" Camps for children affected by a serious illness. Urgently seeking nurses.

2. "Volunteer Team Mates" We are currently looking for volunteer team mates to join our 2010 team. You would be required to work one week only in July or August at camp in either Shropshire or Dorset.

Concordia International Volunteers

Organisational purpose

Concordia is a small not-for-profit charity whose aims are to bring people together from different countries to move towards the common

goal of breaking down cultural stereotypes and promoting greater international understanding and peace.

Volunteering roles

1. "Whitehawk Community Project"

Whitehawk Community Food Project is a productive community garden including fruit, vegetables and herb beds, polytunnels, ponds and a forest garden/orchard area. The site has been developed for people to be able to enjoy and participate in organic, biodynamic and permaculture techniques and principles. The project aim to be an inspiring and valuable demonstration site where people of all ages can learn through practical hands-on experience.

2. "Group Co-ordinator" Concordia is a charity that organises short term community based volunteer projects in the UK and abroad. Concordia work with a variety of organisations in the UK providing volunteers to support their projects. Projects vary from festivals, working with children and young people to environmental work or organic gardening. The projects run 2 - 4 weeks and are residential with food, accommodation and a small leisure budget provided. The volunteers who participate in our projects are mainly from abroad and for many of our projects we need someone to co-ordinate the group and help them get the best out of their stay in the UK. The role involves, welcoming the volunteers when they arrive at the project, helping them to settle in, organising the food shopping and cooking rota, helping the group to find spare time activities and representing Concordia. You will work with the host organisation and Concordia as well as the volunteers and will be fully supported by Concordia throughout your placement.

Retail

Teesside Hospice care foundation

Organisational purpose

Teesside Hospice Care Foundation was established to enhance the quality of life of those suffering from a life-limiting illness. It offers specialist palliative care and support to patients and their carers in the belief that each person is entitled to dignity and choice within the best provision of care.

Volunteering roles

1. "Charity shop volunteer helper" Be totally involved in this new venture by helping with sorting, pricing, till work, helping customers. Every item you sell is helping to raise the £2600 needed every day to keep Teesside Hospice open.

2. "E-bay computer initiative" We are now selling items on Ebay. With assistance, we are looking for somebody to input descriptions onto Ebay, monitor progress and arrange payment and delivery.

3. "Warehouse assistant" A busy role for someone who likes to organise stock control. As we start to prepare for christmas the warehouse will become very busy, meeting the needs of our shops and fundraising team.

Help The Aged

Organisational purpose

Uphold and secure the rights of old people,
Combat poverty
Reduce isolation
Defeat ageism
Challenge poor standards

Volunteering Roles

1. "Charity Shop Volunteer Helper" Generally helping out in the shop and being part of a team.

MIND

Organisational purpose

Our vision is of a society that promotes and protects good mental health for all, and that treats people with experience of mental distress fairly, positively and with respect.

Volunteering Roles

1. "General Shop Work" Generally helping out in the shop and being part of a team.
2. "DIY/ Handyman" General maintenance in the shop on an occasional basis.
3. "Fundraiser" Give time to help organise fundraising events throughout the year.